



## I.M. Brainy Script for Brainy Bear Alone

### Lesson I/ Day I (Introduction)

Brainy is in presenters lap (*Slumped over sleeping and making snoring noises.*)

**Presenter:** Class, Brainy Bear sometimes has trouble getting up in the morning. Do you ever have trouble getting up in the morning? (*Wait for answer from class*) To help get Brainy to wake up, I need you to yell, “Wake up, Brainy” on the count of three. One, two, three. (*Students will yell, wake up Brainy. Act as though Brainy did not hear them, and snore even louder.*) Sometimes it takes Brainy awhile to wake up in the morning. Let’s try again. One, two, three. (*The kids will yell again. Again, act as though Brainy did not hear them, and snore even louder.*) Brainy must be really tired. You will have to be even louder. (*The students will yell again. This time have Brainy act startled, yawn, and stretch. Then have Brainy look at the class.*)(*Some children may shake Brainy to wake him up. Allow them to feel comfortable.*)

**Brainy:** I have been up all night studying my safety tips for today, and was so tired. Thank you for waking me up. I would not want to miss sharing my safety tips with you today.

**Brainy:** I am going to ask you all some questions to see how awake you are. Please raise your hand if you know the answer. Can anyone tell me where your brain is? (*Wait for an answer*) That’s right in your head, point to Brainy’s head. (*Have Brainy hold up the I Have A Brain! worksheet with his mouth.*) Can someone come forward and point to where this girls brain is?(*Choose a person who is quiet and paying attention. Help them locate her brain if they need help, or tell them how “brainy” they are for finding it.*) You can color her later with the crayons I brought for you. (*Show the crayons with Brainy’s hand.*)

**Brainy:** Can anyone tell me what our brain does for us everyday? (*Wait for answers*) That’s right! It controls the body and allows us to think, learn, breathe, and remember. Our brain helps us get up for school in the morning, reminds us that we love our family, and it even helps us remember our name. What would happen if our brain did not do these things for us? (*Wait*

*for answer. Remind them to raise their hands.) That's right! We would have to have someone else help us.*

**Brainy:** How much do you think your brain weighs? *(Let them guess. They will usually guess a high number.)* If our brain weighed \_\_(50 lbs)\_\_, it would be like having an average sized Kindergartener on our head. That would make it difficult to walk. An average adult human brain weighs only 3 lbs.

**Brainy:** What protects our brain? *(Wait for answers.)* That's right! Our skull, but it still needs our help to protect it. What can we do to protect our brain? *While waiting for answers ask* Is there anything I am wearing that might protect your brain? *Point to helmet.* That's right! Please remember to always wear your helmet when riding your bike, scooter, or skating. Are there any questions about where our brain is and what we can do to protect it? *(You may also want to wear a hat.)*

**Presenter:** Now that we have learned where our brain is and how to protect it. Let's have Brainy teach us the first part of his safety song. Brainy take it away...

**Brainy:** Does anyone know how to sing Row, Row, Row Your Boat? Well that is the tune we are going to sing our safety song too. First, I will sing a verse and then you try. Brain, brain in my head. *(Let them repeat, and point to Brainy's head.)* Helps me think and see. *(Let them repeat, and point to Brainy's head then eyes.)* Hearing, feeling, tasting, touching. *(Let them repeat, and point to Brainy's ear, heart, mouth, and hand).* It does all this for me! *(Let them repeat, and use spare hand to do a circle around Brainy's body.)* Let's all sing it all together with the motions now. Brain, brain in my head. Helps me think and see. Hearing, feeling, tasting, touching. It does it all for me! *(Clap)* What wonderful singers and listeners you were today. Have fun coloring. If you want a hug from me, please line up one at a time. *(Give them all hugs using Brainy)* *(Wave, goodbye)* Goodbye, see you all tomorrow, and remember to think safety!



## **Lesson II/ Day Two (Car Safety)**

Brainy is in presenters lap (*Slumped over sleeping and making snoring noises.*)

**Presenter:** Brainy was so tired from telling all his safety tips yesterday that he took a nap and hasn't gotten up yet. I need your help again to wake him up. One, two, three. (*Students yell, wake up Brainy. Brainy keeps sleeping and snoring.*) I need you to yell louder. One, two, three. (*Students yell, wake up Brainy. Brainy starts to wake up.*)

**Brainy:** Oh, hello. I must have fallen asleep on my drive over. Do you ever fall asleep in the car? (*Wait for response*) Today, we are going to talk about riding in a car safely. (*Take out the Who is Sitting Correctly in Their Seat? worksheet and show it to the students using Brainy's mouth.*) Can anyone raise their hand and tell me which person is riding in the car the right way? (*Choose a student that is quietly sitting and listening*) That's right (*insert student name*)! Point with your finger to the correct choice to emphasize the student's correct choice. (*Discuss why booster seats are important.*)

**Presenter:** Who can point to the other person sitting in the car correctly? Please raise you hand, and I will call on someone to come forward and point to the correct person. (*Call on a student that is quiet & well behaved. Let them point to the correct person.*) That's right (*insert name*)! Point to the same picture to emphasize the correct answer. (*Discuss the importance of always wearing your seat belt, and having their parents or grandparents wear them.*) Who can tell me the rules in a car? (*Call on someone listening and paying attention. Make sure that you discuss the following: Always sit in the back seat because you will be safest there, every person should buckle up in the car, never distract the driver, always sit in your car seat or booster until you are big enough, and always listen to your Mom or Dad or other grown up when they are driving. Talk about brothers & sisters fighting and how that might affect the driver's ability to drive.*) Ask them to raise their hands if they think they can follow these rules in the car.

**Brainy:** Who can tell me one rule you must follow when riding in a car? (*Call on someone to answer*) Who can tell me another rule? (*Call on someone to answer*) What about another rule? (*Call on someone else*) Any other rules? (*Call on a different person*) What is the final rule while riding in

a car? (*Call on a different person*) So, let me make sure I understand these car rules. First, always wear your safety belt in a car. Second, everyone in the car should buckle up even the grown ups. Third, I should never fight or be loud with my brother or sister or friends in the car because I might cause my parents to have an accident. Fourth, I can stand up in my booster seat when I'm big enough. (*Let someone correct you*) Your right, (*insert name here*)! I should never stand up in m booster seat, and I should stay in my car seat (*age 1 or 20 lbs facing backward, then can face forward*) or booster seat (*up to age 5*) until I am old enough or big enough. And finally, I will listen to my baby brother when my parents are talking. (*Let someone correct you*) Oh, I see (*insert name here*). I should always listen to the grown ups when they are driving, and try to keep my baby brother from getting upset. Thanks for all your help! I think I can remember all of these rules now. I think I need to have some fun now. Do you want to learn the next part of my safety song?

**Presenter:** Remember the song, Row, row, your boat that we sang yesterday? Well Brainy is going to teach us the next part of the song, and see if you can remember the first part. Ready?

**Brainy:** Can you remember the safety song from yesterday and the motions? Let's see. Brain, brain in my head. Helps me think and see. Hearing, feeling, tasting, touching. It does it all for me! (*Clap*) Great job. Now let's add another verse. Ready? Click, click, click your belt. (*Motion Brainy's hand like he is buckling up*) Now you sing. Click, click, click your belt. Great! When your in a car. (*Have Brainy pretend to drive with his paws*) Now your turn. Fantastic! Merrily, merrily, merrily, merrily. (*Have Brainy pretend to row*) Now you sing. Great! Safely we go far. (*Have Brainy salute like a soldier*) Now you finish. Ok, let's put the new part all together. Ready, set, go! Click, click, click your belt when your in a car. Merrily, merrily, merrily, merrily safely we go far. Now let's try both verses. One, two, three. Brain, brain in my head. Helps me think and see. Hearing, feeling, tasting, touching. It does this all for me! Click, click, click your belt when your in a car. Merrily, merrily, merrily, merrily safely we go far! You guys are the best singers. Thank you for listening and learning today's safety tips. Line up for hugs! (*Have Brainy hug each child*) Goodbye! (*Wave Brainy's hand bye.*)



### Lesson III/ Day 3 (Pedestrian Safety)

Brainy is in presenters lap. (*Brainy is slumped over and snoring again.*)

**Presenter:** Brainy is tired today from sitting in his booster seat, and not being able to sleep. Can you help me wake him up? On the count of three yell wake up Brainy. One, two, three. (*Kids yell wake up Brainy.*)

**Brainy:** Oops! Sorry I was napping. I had trouble napping in my booster seat in the car. I really am excited about the safety tips I brought today. We are going to talk about pedestrian safety today. Can anyone tell me what the word pedestrian means? (*Let someone define it.*) That's right (insert name here). Pedestrian means a person who walks. As a pedestrian how can we stay safe? (*Call on three kids to answer.*) We need to all remember the rules of a pedestrian. Let's talk about a few ways we can stay safe as a pedestrian. I want you to close your eyes and think about the answer to the question, and then answer them out loud as I ask them. Ok. Should we cross the road alone? (*No*) Right, we should always hold a responsible adults hand, like our Mom or another grown up. Next, should we run across the street? (*No*) We should always walk to help us not to fall down or trip. This is a hard one. Close your eyes and think about the answer. Should we always cross the street at a corner, and in a crosswalk if there is a cross walk? (*Yes*) You guys are really smart. Try this one. Should we always look left, then right, then left again? (*Yes*) We should always look left, then right, and left again to make sure no cars are coming. We should play in the driveway at our house or in the street beside our house? (*No*) We should never play in our driveway, in the street, or a parking lot because cars might run over us. We should wear white or bright clothing so people can see us? (*Yes*) That's right. We should all wear white or bright clothing so drivers can see us better. Oh yeah, and always stop at the curb.

**Presenter:** Now that Brainy has shared his pedestrian safety tips let's see what we learned. Who can come forward and show the class which person is crossing the street correctly, and why? Brainy will hold the picture up for everyone to see.

**Brainy:** (Put the *Who is Crossing the Street Safely?* coloring sheet in his mouth.)

**Presenter:** Ok, (*insert name here*) is going to show us which person is crossing the street correctly, and why. I also want someone to tell us, who is not crossing the street correctly and why. (*Call on someone else. Emphasize the importance of not running, crossing at a cross walk, stopping at the curb, and holding a responsible adults hand when crossing the street. Have Brainy look left, right, and left again.*) Why does Brainy keep looking left, right, and then right again? Oh yeah, Brainy always look left, right, and left again before crossing the street. Thanks Brainy! I guess that brings us to our next verse in our safety song. Brainy take it away.

**Brainy:** Look, look ,look both ways, when you cross the street. (*Have Brainy look both ways with his neck.*) If we hold our buddy's hand, our friends will safely meet. (*Have Brainy hold your hand and pretend to walk.*) Now it's your turn. Repeat the verse all together. One, two, and three. (*Sing the verse with them.*) Now let's see if you remember the first verses along with this one. Let's put it all together with the motions. Brain, brain in my head. Helps me think and see. Hearing, feeling, tasting, touching it does this all for me. Click, click, click your belt when your in a car. Merrily, merrily, merrily safely well go far. Look, look, look both ways when you cross the street. If we hold our buddy's hand, our friends will safely meet. Very good. See you tomorrow. Let me get my hugs from all of you. (*Hug them with Brainy.*) Wave goodbye.



#### **Lesson IV, Day 4 (Helmet Safety)**

Brainy comes in happy and pretending to ride a scoter with his body going from side to side. (*Say weeeeeeeeeeeeeeee.*)

**Presenter:** Brainy I need you to settle down, and get off your scoter. The kids are waiting on you to give them safety tips today.

**Brainy:** I am having so much fun. Do I have to stop riding my scoter? I am wearing my helmet.

**Presenter:** Brainy I know you are wearing your helmet. It is the Florida state law since you are only five years old. We can have fun riding after you tell everyone about the law, and how to wear their helmets the correct way.

**Brainy:** Ok, ok, but I hate to stop my fun. Good thing I always put my helmet on before I start my fun otherwise I might get hurt, and that's never fun. Who knows when you must wear a helmet? That's right, when you ride a bike, scooter, or go roller skating. I am going to hold up a sheet and see if you can point out where the missing helmets are on the people. Raise your hand if you want to point to one person that should be wearing a helmet and is not on the paper. (Choose. Then hold up the *Missing Helmets* activity sheet and let them point each person out one at a time) Now that we know who needs to wear a helmet, let's learn how to properly fit the helmet and why this is important. Does anyone already know why you want your helmet to fit properly? That's right, because if it doesn't fit properly then it can not protect our head! Now I am going to hold up another activity sheet to show you how to fit your helmet the right way. (*Hold up the Lesson 5 sheet with the pictures of the helmets on it. Point out the correct way and read the caption for each helmet picture.*)

**Presenter:** WOW! Brainy knows a lot about how and when to wear a helmet. I think I need to go down the list again. (*Read the Correct Way to Wear a Helmet section on Lesson 4*) That sure is a lot to remember, Brainy. Oh, but that's right I.M. Brainy too! I am going to move Brainy's helmet around and I want you to tell me if it is the right way to wear a helmet or not the correct way and why. (*Move the helmet back from the front of his head to where it sits back only on the back of his head.*) Is this the right way to wear a helmet? (*Shout, no*) Why not? That's right if it is not covering the forehead, and we wreck then it might not help us. Your forehead is usually the first place your head hits when you fall. (*Unbuckle Brainy's helmet or chinstrap.*) Is this the correct way to wear your helmet? (*Yell, no*) You guys are so Brainy. If you have a wreck then it will fly off your head and won't protect your head at all. So always buckle, and keep it buckled while riding. Last but not least, what information should I write in my helmet? Good. Your name and phone number just in case you are unable to talk or you lose your helmet.

**Brainy:** You forgot one thing. (*Move the helmet back and forth and side to side.*) I really should not be able to move my helmet that much, it really needs to be tighter so it does not slip off my head. (*Have someone come and adjust Brainy's helmet while on his head*) Thanks, I needed that help! Remember we all need help adjusting our helmets even big kids. Are you ready to sing today's verse of my safety song? Here we go: Ride, ride, ride your bike (*Motion arms like they are holding bars in front of yourself as if riding a bike.*) with your helmet on (*Tap Brainy's helmet with your hand.*)

Riding safe all day long, Safely well ride on. (*Salute the kids while singing.*) Let's do this verse again all together, and then we will see if you can remember the entire song. Ready. (*Repeat verse with motions*) Now let's sing the entire Safety Song all verses together now. Brain, brain in my head. Helps me think and see. Hearing, feeling, tasting, touching it does this all for me! Click, click, click your belt when your in a car. Merrily, merrily, merrily safely we go far! Look, look, look both ways when you cross the street. If we hold our buddy's hand our friends we'll safely meet. Ride, ride, ride your bike with your helmet on. Riding safe all day long, safely we ride on! You guys get better every time! Line up for hugs and then I have to go. (*Hug each child with Brainy then wave goodbye*) Goodbye, see you out riding!



### Lesson V, Day 5 (Review & Awards Day)

Brainy comes in humming the Safety Song.

**Brainy:** Good morning everybody! (*Let them yell it back to Brainy.*) Sorry, I did not hear you. Can you say it louder? Wow, that was loud. Today we are going to see if you remember what we have learned. Then it will be time for your surprise!

**Presenter:** What are some things that your brain does for you? Raise your hands. How can we protect ourselves when riding in a car? Raise your hands. What are some ways we can be safe while crossing the street? One at a time, and raise your hands. Why do we wear helmets? Raise hands. When do we wear helmets? Great job. You are all so smart. Let's sing our Brain Safety Song one more time with Brainy and then we can get our surprise!

**Brainy:** Brain, brain in my head. Helps me think and see. Hearing, feeling, tasting, touching it does this all for me! Click, click, click your belt when your in a car. Merrily, merrily, merrily safely we go far! Look, look, look both ways when you cross the street. If we hold our buddy's hand our friends we'll safely meet. Ride, ride, ride your bike with your helmet on. Riding safe all day long, safely we ride on!

Fantastic! Now I am going to give each one of you a **Safety Certificate of Excellence** with your name on it and a great big I.M. Brainy hug! (*Call each persons name out and then have them come and get their certificate after hugging Brainy.*) Congratulations! I.M. Brainy and now you are too. Thanks for having me (*insert name of teacher or person who invited you to do presentation*). Let's give everyone a hand for all their hard work!